USATF	Governing Body
Carole Langenbach	Master LDR XC Rep.
1999	Year
Master 8k XC	Event
10/17/1999	Date
Louisville, KY	City, State
E.P."Tom" Sawyer State	
Pk	Site
colc	Master Man /Mamon

68/6	Master Men/Women
74	<b>Total Masters Finishers</b>
1-0-0-0/1W	Total MW teams
3-4-0-0-0/7M	Total MM teams
8 teams	<b>Total Masters Teams</b>
1 8k race	Race Distance
X	Prize Purse

	Master Men
x	Age Graded Champion 40+
x	Age Graded Champion 50+
x	Age Graded Champion 60+
Craig Fram	Individual Champion 40+
x	Individual Champion 50+
x	Individual Champion 60+
Craig Fram	M40
John Wellerding	M45
Rich Myers	M50
Wally Herrala	M55
Wally Brawner	M60
Ino Cantu	M65
Doug Blanchard	M70
x	M75
X	M80
x	M85
x	M90

	Master Women
X	Age Graded Champion
Jeanne Olash	Individual Champion
Jeanne Olash	W40
Jill Force	W45
Peggy Hilton	W50
Х	W55

Rose Taylor	W60
x	W65
x	W70
x	W75
x	W80
x	W85
x	W90

## **Team Champions**

Runners Forum TC	M40+
Michigan Grand Masters	M50+
x	M60+
x	M70+
x	M80+
Victory AC	W40+
x	W50+
x	W60+
x	W70+
x	W80+

1999	Year
1999	Year

1999-Oct-17	40-44	Fram	Craig	41	M	Louisville	KY	8k	25:56	1
1999-Oct-17	45-49	Wellerding	John	45	M	Louisville	KY	8k	26:51	4
1999-Oct-17	50-54	Myers	Rich	54	M	Louisville	KY	8k	28:02	9
1999-Oct-17	55-59	Herrala	Wally	55	М	Louisville	KY	8k	29:02	17
1999-Oct-17	60-64	Brawner	Wally	60	M	Louisville	KY	8k	32:56	55
1999-Oct-17	65-69	Cantu	Ino	65	M	Louisville	KY	8k	32:52	53
1999-Oct-17	70-74	Blanchard	Doug	73	M	Louisville	KY	8k	38:35	56
1999-Oct-17	75-79	x	X		M	Louisville	KY	8k		
1999-Oct-17	80-84	x	Х		М	Louisville	KY	8k		
1999-Oct-17	85-89	х	Х		M	Louisville	KY	8k		
1999-Oct-17	40-44	Olash	Jeanne	42	F	Louisville	KY	8k	31:03	1
1999-Oct-17	45-49	Force	Jill	47	F	Louisville	KY	8k	34:26	3
1999-Oct-17	50-54	Hilton	Peggy	51	F	Louisville	KY	8k	49:21	6
1999-Oct-17	55-59	x	X		F	Louisville	KY	8k		
1999-Oct-17	60-64	Taylor	Rose	63	F	Louisville	KY	8k	42:31	5
1999-Oct-17	65-69	x	X		F	Louisville	KY	8k		
1999-Oct-17	70-74	x	Х		F	Louisville	KY	8k		

1999-Oct-17	75-79	Х	X	F	Louisville	KY	8k
1999-Oct-17	80-84	х	X	F	Louisville	KY	8k
1999-Oct-17	85-89	х	X	F	Louisville	KY	8k

From Dec. 1999 issue of National Masters News, p.12

Craig Fram and Jeanne Olash were the winners in the USATF National Masters 8K Cross-Country Championships in Louisville, KY, on Oct. 17. The race was contested over a two-loop grass course at E.P. "Tom" Sawyer State Park where masters championships have been held six times in the 1990s. At race time, the temperature was 59 degrees under overcast skies as 74 runners from 16 states toed the starting line. The course was in top shape, as several months of dry weather had rendered it hard and fast, and featured three small hills at 0.5 miles, 2 miles, and 3.5 miles. Additionally, hay bales were placed at 1.5 miles and 3.0 miles to add a European flavor to the competition. As the gun sounded, Fram, 41, Plaistow, NH, assumed the lead and was first by about 10 yards at the mile mark. He stretched his lead over the next four miles, finishing first in 25:56, fourteen seconds ahead of second-place finisher Paul Risch, 40, of Indianapolis. Fram's time was some 45 seconds slower than the course record 25:08, set by Steve Scott in 1996. John Wellerding, 45, of Louisville, won the M45 title (26:51), followed by Tom Simpson, 46, Indianapolis, and Barry Ross, 45, Louisville. The M50 group produced the grandmasters (M50+) champion, Rich Myers, 54, of New Jersey, who won in 28:02. The remaining division champions were Wally Herrala, 55, Ann Arbor, Mich., 29:02; Wally Brawner, 60, Kansas City, 32:56; Ino Cantu, 65, Richmond, Texas, 32:52; and Doug Blanchard, 73, Longmeadow, Mass., 38:35. Ed Andrysiak, 85, Plymouth, Mich., the oldest entrant, was forced to withdraw midway through the race. Louisville resident, Jeanne Olash, 42, won the women's race by more than three minutes with a 41st-overall 31:03. Jill Force, 47, Louisville, won the W45 group in 34:26. The women's grandmasters champion was Peggy Hilton, 51, Seattle, Wash., with a 49:21. Rose Taylor, 63, Louisville, was the W60 champion, with a 42:31. Team competition was spirited as more than half of the race entrants also competed on eight teams representing four running clubs. The M40+ team winner was Runners Forum TC of Indianapolis, which defeated host Victory AC of Louisville by more than four minutes. The M50+ winner was Michigan Grand Masters of Detroit. The W40+ winner was Victory AC. Following the race, runners enjoyed a complimentary pizza buffet and soft drinks provided by Papa John's International. Other sponsors who made these championships possible were Gateway Press and Swag's Shoes of Louisville.